ISSN 2331-8880

Volume 8 Number 5, 2020

Universal Journal of Public Health

http://www.hrpub.org

Horizon Research Publishing, USA

Universal Journal of Public Health

Universal Journal of Public Health is an international peer-reviewed journal that publishes original and high-quality research papers in all areas of public health. As an important academic exchange platform, scientists and researchers can know the most up-to-date academic trends and seek valuable primary sources for reference. The subject areas include, but are not limited to the following fields: Public Health, Behavioral Medicine, Adolescent and Child Health, Dental Hygiene, Diet and Nutrition, Environmental Health, Epidemiology, Medical Microbiology, Health Care Providers, Health Education, Health Care Delivery, Health Policy, Health Services, Insurance Medicine, Infectious and Chronic Diseases, Occupational Health.

General Inquires

Publish with HRPUB, learn about our policies, submission guidelines etc.
Email: editor@hrpub.org
Tel: +1-626-626-7940

Subscriptions (Electronic Version Only)

Journal Title: Universal Journal of Public Health
Journal's Homepage: http://www.hrpub.org/journals/jour_info.php?id=76
Publisher: Horizon Research Publishing Co.,Ltd
Publication Frequency: bimonthly
Electronic Version: freely online available at http://www.hrpub.org/journals/jour_info.php?id=76

Online Submission

Manuscripts should be submitted by Online Manuscript Tracking System (http://www.hrpub.org/submission.php).
If you are experiencing difficulties during the submission process, please feel free to contact the editor at submission@hrpub.org.

Copyright

Authors retains all copyright interest or it is retained by other copyright holder, as appropriate and agrees that the manuscript remains permanently open access in HRPUB 's site under the terms of the Creative Commons Attribution International License (CC BY). HRPUB shall have the right to use and archive the content for the purpose of creating a record and may reformat or paraphrase to benefit the display of the record.

Creative Commons Attribution License (CC-BY)

All articles published by HRPUB will be distributed under the terms and conditions of the Creative Commons Attribution License(CC-BY). So anyone is allowed to copy, distribute, and transmit the article on condition that the original article and source is correctly cited.

Open Access

Open access is the practice of providing unrestricted access to peer-reviewed academic journal articles via the internet. It is also increasingly being provided to scholarly monographs and book chapters. All original research papers published by HRPUB are available freely and permanently accessible online immediately after publication. Readers are free to copy and distribute the contribution under creative commons attribution-non commercial licence. Authors can benefit from the open access publication model a lot from the following aspects:

- High Availability and High Visibility-free and unlimited accessibility of the publication over the internet without any restrictions;
- Rigorous peer review of research papers----Fast, high-quality double blind peer review;
- Faster publication with less cost----Papers published on the internet without any subscription charge;
- Higher Citation----open access publications are more frequently cited.

Universal Journal of Public Health

Editor-in-Chief

Prof. Fatma Hassan — Suez Canal University, Egypt

Deputy Editor-in-Chief

Prof. Filippo Manelli — Emergency Unit, ASST Valcamonica, Esine, Italy

Dr. Amar Singh — University of Minnesota, USA

Members of Editorial Board

Prof. Irène Georgescu — University of Nice, France

Prof. Doug Dix — University of Hartford, USA

Prof. Danila De Vito — University of Bari, Italy

Prof. Ibrahim Kabbash — Tanta University, Egypt

Prof. Mona Mohamed Abou El khair Al Sadek Radwan — Zagazig University, Egypt

Prof. Nailya Almagambetova — Northern Illinois University, USA

Prof. Saleh Rahman — UCF College of Medicine, USA

Dr. Dongying Ma — National Institute of Allergy and Infectious Diseases, USA

Dr. Gihane Endrawes — University of Western Sydney, Australia

Dr. Annesha Lovett — Mercer University, USA

Dr. Caroline Barakat — University of Ontario Institute of Technology, Canada

Dr. Fadia Albuhairan — King Saud bin Abdulaziz University for Health Sciences, Saudi Arabia

Dr. Raed Bahelah — Florida International University, USA

Dr.Prabhat Sharma — Oregon Health & Science University, USA

Dr. Kwesi Korsa Aggrey — University of Lincoln, UK

Dr. Debra Goodwin — Jacksonville State University, USA

Dr. Qamil DIKA — Tirana Medical University, Albania

ISSN 2331-8880

Table of Contents

Universal Journal of Public Health

Volume 8 Number 5 2020

Emotional Intelligence, Resilience, Self-care, and Self-leadership in Healthcare Workers Burnout: A Qualitative Study in Coaching
(https://www.doi.org/10.13189/ujph.2020.080501)
Zeina Ghossoub, Relly Nadler, Naim El-Aswad.....155

Application of the WHO Method of Workload Indicators of Staffing Needs to Evaluate Health Workers Availability and Capacity for Universal Health Coverage in Maternal and Child Health in Benin
(https://www.doi.org/10.13189/ujph.2020.080502)
Sossou Justin Adanmavokin, Sossou Gilles Armand, Igué Babatounde Charlemagne, Ouendo Edgard-Marius.....163

Food Quality and Nutritional Status of Vegetarians in Two Main Cities of a Sub-Saharan Country
(https://www.doi.org/10.13189/ujph.2020.080503)
Azandjeme Colette Sylvie., Sossa Jerome Charles, Sopoh Ghislain, Ahanhanzo-Glele Yolaine, Degbegni Hermance, Paraiso Noel. Moussiliou, Metonnou Clémence, Agueh Victoire, Ouendo Edgard-Marius.....179

Universal Journal of Public Health

Call for Papers

Universal Journal of Public Health is an international peer-reviewed journal that publishes original and high-quality research papers in all areas of public health. As an important academic exchange platform, scientists and researchers can know the most up-to-date academic trends and seek valuable primary sources for reference.

Aims & Scope

- Public Health
- Behavioral Medicine
- Adolescent and Child Health
- Dental Hygiene
- Diet and Nutrition
- Environmental Health
- Epidemiology
- Medical Microbiology
- Health Care Providers
- Health Education
- Health Care Delivery
- Health Policy
- Health Services
- Insurance Medicine
- Infectious and Chronic Diseases
- Occupational Health

Editorial Board

Prof. Fatma Hassan	Suez Canal University, Egypt
Prof. Filippo Manelli	Emergency Unit, ASST Valcamonica, Esine, Italy
Dr. Amar Singh	University of Minnesota, USA
Prof. Irène Georgescu	University of Nice, France
Prof. Doug Dix	University of Hartford, USA
Prof. Danila De Vito	University of Bari, Italy
Prof. Ibrahim Kabbash	Tanta University, Egypt
Prof. Nailya Almagambetova	Northern Illinois University, USA
Prof. Saleh Rahman	UCF College of Medicine, USA
Dr. Dongying Ma	National Institute of Allergy and Infectious Diseases, USA
Dr. Gihane Endrawes	University of Western Sydney, Australia
Dr. Annesha Lovett	Mercer University, USA
Dr. Caroline Barakat	University of Ontario Institute of Technology, Canada
Dr. Fadia Albuhairan	King Saud bin Abdulaziz University for Health Sciences, Saudi Arabia
Dr. Raed Bahelah	Florida International University, USA
Dr.Prabhat Sharma	Oregon Health & Science University, USA
Dr. Kwesi Korsa Aggrey	University of Lincoln, UK
Dr. Debra Goodwin	Jacksonville State University, USA
Dr. Qamil DIKA	Tirana Medical University, Albania
Prof. Mona Mohamed Abou El khair Al Sadek Radwan	Zagazig University, Egypt

Manuscripts Submission

Manuscripts to be considered for publication have to be submitted by Online Manuscript Tracking System(http://www.hrpub.org/submission.php). If you are experiencing difficulties during the submission process, please feel free to contact the editor at submission@hrpub.org.

Contact Us

Horizon Research Publishing
2880 ZANKER RD STE 203
SAN JOSE,CA 95134
USA
Email: editor@hrpub.org

Submit your paper at http://www.hrpub.org/journals/jour_submitmanuscript.php?id=76

Available Online http://www.hrpub.org/journals/jour_info.php?id=76