Once a Slave..., Not Always a Slave: Acquiring Freedom on São Tomé Island

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Abstract The island of São Tomé, located off the west-central coast of Africa, became a template for slave-based sugar islands elsewhere in Africa and in the West Indies. The common assumption is that slaves, taken to the island from the nearby African mainland, remained so forever, as did their descendants. In fact, many slaves won their freedom, through manumission, purchase, royal proclamation and, especially, rebellion. By the mid-16th Century, ex-slaves and their descendants actually ruled the island, both economically and politically, even though slavery still remained the basis of the island’s economy and social structure. This paper looks at the origins and evolution of São Toméan society, noting the ways in which enslavement could be overcome or ended, and what the practical effects of this were for the island’s social, economic, and political future. It reviews the many violent rebellions produced by the slave system and how these altered the lives of those who still remained enslaved.

Keywords São Tomé, Slavery, Rebellion, Social Structure, Sugar

1. Introduction

How one acquired slave status in pre-modern Africa is by now a truism: get captured in war; be condemned for a crime; fail to pay off a debt. Less well studied is how one loses slave status. Just how do people who by definition have no rights, power, authority or freedom acquire such things, or at least the ability to seek them? The history of São Tomé may serve to illustrate this other side of the slave system.

2. Settlement

The island of São Tomé lies in the Gulf of Guinea some one hundred miles west of the African mainland of Cape Lopez (Gabon). The total area is some 325 square miles (850 square kilometers). The geography of São Tomé served to confine European settlement to the north, leaving the mountainous south largely untouched save as a refuge for those who did not or would not fit into the social or political regime that held sway in the northern flatlands.

São Tomé was the first of the islands of the Gulf of Guinea to be found by Europeans, discovered on 21 December 1470 -- St. Thomas’ Day -- after whom, in keeping with Portuguese tradition, the island was named. [1] Most importantly, the island was uninhabited. [2] The lack of population, the fertility and presumed healthiness, all disposed King João II to see São Tomé as a site for an extensive settlement. In addition, São Tomé resembled in size, position vis-à-vis the mainland and lack of native population, Madeira and the Cape Verde Islands, where plantation settlements using slave labor from Africa had already been made with great success. [3] That São Tomé was also perfectly situated to become the focus of the slave trade from the Kingdom of Kongo (modern northwestern Angola) to Elmina (on the Gold Coast, modern Ghana) and Brazil, was wholly fortuitous, though historically significant.

To settle the island, the King had recourse to the Donatária or Doação, the granting of the island to a favorite to rule as a personal holding, subject to the legal restrictions and financial benefit of the Crown; it was a system already used in the Azores and Cape Verde islands as well as in Madeira. Slavery was foreseen early, as indicated by the various regulations made for the island, which were to apply to all persons regardless of “natureza (status) or quality.” The rights and privileges of the settlers were laid down in a decree of December, 1485, which granted the São Toméans the right, inter alia, to trade for slaves. The expenses of the island’s government were to be met by the Donitário, who was to receive for the purpose one braço (“arm,” but here meaning a slave) each year for every engenho (mill) built in the island. The directive illustrates the recognition, even before actual settlement had begun, that São Tomé would be a slave-based society.

The island’s role as a sugar producer was also provided for. The same decree provided that of every 100 arrobas (at
though it was intended that the first settlers should be reserved for the crown and ten for the Church. It was later decided that arebas were for the grower, while the income of fifteen were reserved for the crown and ten for the Church. Though it was intended that the first settlers should cultivate sugar cane, among other crops, there is no record of their having done so, due to the lack of population.

To meet the latter need, the Donatário was given the right to seize and carry to São Tomé dégrédados, criminals condemned to jail or exile for various crimes. Press gangs were used to get laborers: criminals, prostitutes, and others among Lisbon’s undesirables. But more population was needed, people who could lend some stability to the society and also provide cheap and more or less willing labor. This was provided by the co-option of yet another group in Portugal, the children of refugee Jews.

These Jews included many who had recently arrived from Castile, fleeing from the Christians who were in the process of reconquering Granada, the last Iberian Moorish kingdom. Their large numbers led the King to order that the refugees go elsewhere within four months or face arrest or expulsion, either of which could lead to an encounter with the Inquisition, either in Portugal or back in Castile. Portugal at this time had nearly 100,000 native Jews in a population of a little over one million, and their numbers, combined with that of the Castilians, were assumed to be a threat to Portugal’s Catholicity.

At this point, it was suggested to the royal council that the King could rid his country of Jews, perform a major service for the Faith, and help the struggling colony of São Tomé by taking the youngest children of the Jews, baptizing them, and sending them to the island, where they would provide an immediate younger generation and some social stability in a society that would otherwise consist of only the dregs of Lisbon. The children were seized, instructed in their new faith, and presented to families, or at least to a man and woman who were to live together, and sent with the rest of the colonists to the island. Eventually, many of them, or their descendants, became some of the wealthiest and most powerful men on the island.

The need for labor was taken care by the use of African slaves. Those brought to the island, like most of the others taken by the Portuguese in the 16th century, came from the Kingdom of Kongo, with which they had established contact at about the same time that São Tomé was discovered. Female, as well as male, slaves were brought to the island for the specific purpose of providing “a black of the opposite sex” for every white colonist. It was simply a matter of populating the island as quickly as possible, and for those who accepted one of these human gifts, actual marriage was optional. Female “breeding stock” was provided for the male slaves, as well as for the white settlers of the island.

This government-sponsored miscegenation illustrates, along with the emptying of the jails of Lisbon, the difficulty of populating the island, and the lengths the Crown would go in order to get it settled and producing revenue for the Fazenda Real, or royal treasury. But in its haste, the Crown sowed the seeds of later social and racial conflict.

The King gave the donatário full power over the new colony, his authority running to all matters involving “Moors, Negroes, Whites, Freemen, and Captives,” an interesting classification of the future population. In addition, the colonists were given the right to trade in all the islands of the Gulf of Guinea, on the Cameroon coast and in Kongo, the trade in the latter being solely in slaves.

In 1493, a permanent settlement was established and the cultivation of sugar, wheat and grapevines begun. By 1499, a number of fazendas (plantations) had already been established on the island, their existence indicating that slaves had already been imported. The actual number of slaves carried to the island in the five years 1494-1499 was about 930, of which 150 died. Some slaves had already been sent to Elmina; thirty is the number that was entered in the records. Thus, within a half-decade of its foundation, São Toméan society had begun to flourish economically and was already dependent, internally and externally, on slaving.

3. Social Beginnings

A new donatário of the island Fernão de Mello, Alcaide-Mór (mayor) of the city of Évora, was chosen in 1499. The racial beginnings of São Toméan society can be seen in the decrees describing his rights and jurisdictions. In noting the persons over whom he was to rule, the Crown extended de Mello’s authority to “escravos, negros, e brancos que houves na dita ilha” — “slaves, negroes, and whites who are on the island.” He was further granted control over all “captivos e forros,” captives and freemen.

Interestingly, even at this early date, slaves are seen as a separate category from “blacks.” Also, the reference to “negros,” when the usual term was preto, “black,” suggests that a separate class of Africans, or African-descended persons, already existed on the island, and were sufficiently differentiated to warrant a special designation. Further, the division between “captives” and “freemen” would indicate that both classes of bondsmen, dégrédados and African slaves, were losing members into the “free” category. Possibly, some of the freemen were children of the black-white liaisons encouraged by the Crown, though it would be rather early for such offspring to be of an age to claim such a status. Nevertheless, the racial/social division of the island’s populace had already begun.

Most likely, many of the dégrédados and slaves had acquired property and/or wealth through trade, and had purchased their freedom, though there was no legal provision for doing so. The most reasonable means for acquiring such freedom would be that the black concubine of a white of either sex would seek, or be given, equality of treatment and status by his or her partner. Since many of
the dégrédados had already been released from their status because of their conduct (and because the high death-rate made the utilization of all possible man- and woman-power a necessity) it would not be difficult for them to assume the same social and legal position as the original freemen and then to insist on their mates sharing that status. The dates of the original references, 1499-1500, show that such divisions in the society, and the social evolution that caused them, appeared very early in São Tomé’s history. It should be noted that the newly created freemen were not fully accepted by their nominal legal superiors and it would take violence and eventually royal intervention to secure their rights.

The best description of São Tomé in the first years of the 16th Century is given in the Descrição of Valentim Fernandez, written sometime after 1510. [10] His figure for the total population, 1,000, whom he referred to as “inhabitants,” is clearly a reference to whites only; he did not mention or suggest that existence of a free non-white class, though he noted the past policy of miscegenation. As for slaves, he said, there were at the time some 2,000 laboring on the island itself, while some five to six thousand were held for export. [11] Whites earlier deported from Portugal had in many cases become moderately large slave-owners, owning fourteen or more slaves, whose principal task was to plant and harvest food crops, such as yams (from Africa) or maize (later introduced from the New World). [12]

Though there is little record of social agitation in the early years of the de Mello regime, it must have existed -- not among slaves, but among those who had been taken as concubines, and their children, many of whom had now grown up and who were not happy at the continued discrimination against them. Their complaints may be judged from the petition of one Alfonso Gil, who pleaded with King Manuel I (1495-1521) for release from illegal imprisonment. Gil claimed that he was a free man, being descended from a union of a Portuguese and an African concubine. However, he had been arrested and treated as if he were a slave, he complained; whatever the merits of the charges against him, he wanted the benefits of law that he were a slave, he complained; whatever the merits of the original references, 1499-1500, show that such divisions in the society, and the social evolution that caused them, appeared very early in São Tomé’s history. It should be noted that the newly created freemen were not fully accepted by their nominal legal superiors and it would take violence and eventually royal intervention to secure their rights.

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Within thirty years, then, of the island’s first settlement, a class of people had arisen who had either slave status or the nearly equally-low status of dégrédado. They had taken advantage of the fluid social and economic situation, São Tomé’s distance from the authorities in Lisbon, and the relatively loose control exercised by the donitário (who was mainly interested in making money -- his rule of São Tomé being in reality a kind of investment) to escape from, or emerge from, their subordinate status. The “escape hatch,” as it were, was money, specifically the money that could be made from the slave trade and/or from the slave-based growing of sugar. Cash had changed hands: from dégrédado to donitário; from king to fazendário; from fazendário to trader. And the result was that a class of people who were legally slaves and/or of degraded social status had become free. Indeed, not only were they free, they were on the way to becoming the actual rulers of São Tomé, politically and economically dominant, and not incidentally the procurers and suppliers of a wholly new class of slaves for whom such an acquisition of freedom and opportunity would be closed. Because it was closed, the winning of freedom for this later group would involve violence and bloodshed instead of money.

4. The First Rebellion

A contemporary inquest [16] illustrates how some of the slaves of São Tomé were being treated. For example, one fazendário, Gonzalo Rodriguez, threw them into the sea to drown if they were disobedient. Rodriguez had come to São Tomé in about 1507 and had made his fortune by seizing (in some unnamed manner) the fazendas of three other planters while they were in Kongo on a slave-buying expedition. Rodriguez had his lands confiscated and was expelled from the island for such actions. But if such treatment were common, it obviously was one of the roots of the conflict that produced the decrees on the rights of the forros. It was also one of the reasons for the slave revolt of 1517, the island’s first great social crisis. It was not, as will be seen, the last.

The revolt began on the plantation of one João Lobato on 20 January 1517, and ended after the murder of one white man. [17] Exactly who fought whom is not even clear; one author (citing no source) has called it a war between mulattos (one of whom may have been Lobato) and some blacks. Another (likewise without source) stated that mulattos and blacks together rose and burned the plantation.[18] Whatever the facts, the rising was put down, and a law issued on 15 February 1518 forbidding the freeing of slaves.[19] This strongly suggests that it may have been freed slaves, perhaps forros, who led the uprising. If so, then it is possible that Lobato had refused to recognize the rights of the forros and had tried to return them to, or keep them in, slavery on his plantation.

The situation on the island, of which the rising was a symptom, was critical in terms of the social divisions that were rapidly appearing. Neither the donitário nor his allies among the great fazendeiros recognized that the situation had changed since 1500; that besides slaves and Portuguese (who were far from the elite of metropolitan society themselves) there had grown up a new, purely São Toméan group, mixed in blood and lowly in legal status, but who were not content to remain in a subordinate position forever.

Lobato recovered quickly from that setback. By 1529, he owned twelve of the approximately sixty sugar mills on the island, and had in his possession 169 slaves. [20] His quick recovery is a measure of the economic opportunity that slavery brought to São Tomé in the 16th Century. Besides slaves for his plantation, Lobato reported the shipment to Elmina in 1529 of 2,060 slaves on just three ships; the suffering in such over-crowded conditions can scarcely be imagined. [21] An inquest revealed that in just four months, twelve to fifteen ships commonly left the Kongoese port of Pinda, each carrying 400 to 700 slaves to the island. Other, smaller, ships carried off 200 slaves at a time, but there were still so many slaves on hand that many had to wait in Pinda until sufficient shipping was available. Hundreds died, since conditions in the barracoons of Pinda were as bad as the often-described horrors of the slave-ships. [22] A letter on the trade’s abuses from the Captain of São Tomé to the King, written in 1549, blamed the excesses on “the eight or ten principal men of São Tomé.”[23]

While these changes and conflicts were occurring, two groups remained separate from the island’s dominant class. The first of these were the so-called Angolares, and the second some of the island’s slaves; both would play prominent roles in the later attempts to alter or end the slave status of people on São Tomé.

The Angolares (sometimes called Angolars), as their name indicates, were of Angolan origin, probably from the Mbundu ethnic group. Tradition says that they originated as the result of the wreck of a slave ship coming to São Tomé from Angola, which sank after being driven onto the Sétê Pedras, a rocky formation about a mile off the south-east coast of the island. [24] The traditional date for the wreck is about 1554. The survivors, of unknown number, reached shore and soon moved into the matos, the unexplored and unsettled southern interior, building a series of small villages called quilombos. [25]

For nearly twenty years, the presence of this group was unknown to the island’s other inhabitants, and it is possible that in the early days the Angolares had no idea that there were other people on São Tomé as well. [26] The first contact between the two groups of islanders apparently came from the activities of escaped slaves who fled to the matos and there first encountered the Angolares. Such contact revealed the presence of the Portuguese and their fazendas to the Angolares, and may have been the source of the conflict between Angolar and Portuguese that led to a
5. Slave Life

The mulattos who had been freed as a result of the decrees of 1515 and 1517 were, in their manner of living, similar to the rapidly declining number of white inhabitants. These so-called *Filhos da Terra* (“Children of the Land”) were often among the wealthiest and most powerful of the inhabitants of São Tomé, possessing hundreds of slaves and other retainers.[36] Others, though nominally still slaves, were said to have not been in a state of slavery but in “servitude,” akin to the serfdom of medieval Europe. Though owing labor to the fazendeiro, they largely led their own lives; if conditions became too onerous they could always flee to the matos to live much as before but without the debt of labor on the plantation. [37] Since it was easy to escape to and live in the matos, any really harsh treatment would have led to slaves’ wholesale desertion, which did not in fact occur until after the decline in the island’s sugar industry towards the end of the 16th Century.

There is evidence that the life of the slave at that time did become much more onerous, possibly as a result of the fazendeiros’ need to squeeze every bit of labor out of the slaves in order to compete with the flood of sugar from Brazil. In contrast to the accounts of mid-century, there were references to slaves being forced to live in locked houses on the estate and to their being treated “worse than cattle.”[38] Further, slaves, now confined to the plantations, were often not even allowed to cultivate their own fields.[39] Though this may have entailed more expense for the fazendeiro in providing for the slaves, it allowed firmer control over them and no more need to permit days off to work their own patches of ground. The breaking up of slave families, the forced breeding of slaves “like horses,” and the refusal to free slaves’ children (which happened occasionally) became the norm.[40] Thus, whatever the lot of slaves in the high noon of São Tomé’s history, by the late 1500s their state had indeed become indistinguishable from that of the slaves of the Americas, with no pretense of mere “servitude.”[41] In these circumstances, it is easier to understand the great slave revolt of 1595 and why this movement swept the fazendas of São Tomé like a storm.

Fearing just such a situation, the islanders had secured royal decrees dated 13 September and 6 December 1574 creating a permanent militia, which was at first charged with fighting the Angolares. The principal component of the force was newly-arrived dégrédados, who had their term of degradation reduced by five years in return for their service. [42] São Tomé had recovered quickly from the 1574 Angolar raid, quickly enough for the rebuilt main town to burn down due to an accidental fire in 1585. [43] But physical recovery did not cure the social and psychological injury; in the aftermath of the Angolar attack, the island’s wealthiest and most economically-skilled inhabitants began to leave for Brazil. With such a loss of
stability -- essentially exchanging the island’s richest inhabitants for more dégrédados -- and the increasingly harsh regimen imposed on the plantation slaves, new eruptions were bound to occur. The worst of these was the upheaval known as the “rising of Amador,” in the summer of 1595.

6. The Second Rebellion

The rebellion took its name from its nominal leader, Amador, variously described as an escaped or as a “revolted” slave, and it was the largest attempted revolution that São Tomé was ever to know. Its roots include the growing exploitation of the island’s slaves, the fact that communities of escaped slaves existed in the matos, the example set by assaults of both previous escapees and the Angolares, and finally the grave political and social divisions within the society which made any united effort to suppress the menace beforehand almost impossible.

To contemporaries, the revolt was not just a matter of rebellious slaves, but also seen as a racial war. The horror of, and anger at, the events of July and August 1595 is apparent in every narrative of the event. [44] Murders of “white men” took place everywhere, even in churches. Many plantations were burned, and the desperate officials freed all criminals, and released “sinners” from excommunication, if they would join the forces fighting the rebels. When pitched battles occurred, no quarter was given and all weapons, from clubs to artillery, were freely employed. Prisoners were commonly hanged. In the end, Amador was betrayed by some of his followers: captured, hanged, drawn and quartered, his heart was put on public display. Other captured leaders were mutilated before hanging. During the rebellion, three-fourths of the sugar mills on the island went up in flames. [45]

The cost of the war was 1,500 cruzados (600$000 escudos). [46] The worst losses, however, were human ones. Most well-off São Toméans were already leaving for Brazil. If the claim that the rebel army numbered some 5,000 men is reliable, and that the loyalists’ force, consisting of all the men of the island, was slightly smaller (perhaps about 4,500) it would indicate that the total “white” (actually, free mulatto) population in the mid-1590s was about 20,000, not a very large figure, and an indication that population decline had already begun. The exodus to Brazil, noted as early as 1580, was greatly accelerated by Amador’s revolt. The great fazendeiros, especially, seeing their slaves taking up arms with the avowed intention to kill every “white” man, must have felt the lure of Brazil irresistible. [47]

The defeat of Amador did not end the war. Some of his men did not surrender and they continued to harass the northern flatlands, as escaped slaves had done for years. Angolar raids also continued, especially against the outer, more southerly, fazendas. As late as 1598, it was noted that the war was continuing “with all vigor.” In fact, another revolt occurred in 1616, and it too degenerated into a racial conflict.

This revolt of “blacks” (pretos) occurred in the southwest of the island, and it took two companies of militia to put it down. The rebels were noted as being crioulas negras (“dark creoles”) and that upon their rebellion, the whites (brancos) fled to the island’s Fort San Sebastian. [48] The “whites” could not have been very many if all of them could fit into the little fort during the crisis. With only a dozen real soldiers on the island, and most of the “whites” cowering in the fort, it is likely that the militia that put down the revolt was made up mostly of armed slaves, an expedient used to repel a Dutch assault in 1599. Many São Toméans had slave retainers, and in the unsettled state of the island, it is likely that their equipment include arms, a dangerous and desperate action, considering the conditions on São Tomé.

7. Conclusions

What was the ultimate result of these rebellions? Many slaves became free, if only by fleeing to the matos and either forming separate ex-slave communities (as happened among the “maroons” on many West Indian islands or on the South American mainland, most notable in Brazil and the island of Jamaica) or else by joining one of the Angolar quilombos (rural villages). For those who did not or could not flee, the result was continued enslavement under more rigorous conditions than ever before. The decline of the island’s sugar industry (both caused by, and a result of, the collapse of its plantations, and the economic triumph of Brazil) did not ameliorate the conditions of the slaves, even though they had essentially lost their economic raison d’être. It was also not a question of collecting or holding slaves for shipment to the Americas; by the early 1600s, most slaves went directly from Africa to Brazil.

Then why continue to hold slaves, who provided little income and represented a constant threat of rebellion? Perhaps sheer social inertia; slavery was the basis of São Toméan society; that it had lost its economic rationale was irrelevant. Also, there was the fear, common in most slave-based societies, that freeing slaves or even ameliorating their condition would lead to a loss of status at best and a race war at worst. Under those circumstances, slavery continued on São Tomé until the early 19th century, for no particular reason. The slaves who had bought their freedom in the early 16th century remained free. Those who had bolted for the matos remained free. For the rest, there was bloody, futile, rebellion or a lingering, archaic captivity, even in the presence of those whose ancestors had escaped such a fate.
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Figure 1. Map showing the location of São Tomé in relation to the African coast and within the Gulf of Guinea

Figures 2, 3. Maps showing rainfall pattern, and location of the “matos” [uncleared rainforest] on São Tomé.

Figure 4. Map of São Tomé, showing locations of Ponta Figa [the original settlement], the Povoação [the city/main settlement], the “matos” [uncleared rainforest], “ribeiras,” [short streams used to power sugar mills], the main plantations [“fazendas”], and the position of the main Angolar “quilombos” and the routes taken by the Angolares during their attacks on the Povoação and the sugar plantations. [49]
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[9] Ibid., fl. 60v. 15 Dec. 1499 (two documents).


[12] Ibid., p. 121.


[14] Ibid., fl. 203, 24 Jan. 1517.

[15] Ibid., fl. 161v. 3 Nov. 1516.


[19] Ibid., p. 102.


[21] Ibid.


[25] Ibid., pp. 63, 72.


[27] By the end of the 16th Century, any black found in the forests of São Tomé was called an “Angolar.” The Portuguese did not draw subtle ethnic or historical distinctions among non-slave blacks, and “Angolar” became and remains a generic term for São Toméans.


[29] Ibid., pp. 72-73.


[34] Anon., Viagem, pp. 61-62.

[35] Ibid., pp. 51-52, 78.


[38] Ibid., p. 153

[39] Le Blanc, Sieur Vincent, Les Voyages Fameux de Sieur Le Blanc, Paris: Coulon Editoria, 1848, p. 148. The original report was written about 1580.


[42] Ibid., p. 104-105.

[43] Cunha Mattos, Corografia; & Lopes de Lima, Ensaio, passim.

[45] Archivo Histórico Ultramarino, São Tomé, caixa 1, 16 Mar 1598.

[46] Ibid., doc. 59b, 20 Feb. 1617. It is difficult to calculate the actual value of 16th Century money. Before the Portuguese adoption of the Euro, a Portuguese escudo, designated by the $ symbol, was worth 35 to the U.S. dollar. Thus, the costs of the revolt, 600$000 would be equal to a modern $17 U.S. dollars, an absurdly small sum, given that the $ sign served as a decimal point. Whatever the actual or nominal costs of the rebellion, it was clearly a huge financial burden on the declining island economy.

[47] Luciano Cordeiro, Memorias do Ultramar: viagens, explorações e conquistas, Lisbon: Imprensa Nacional, 1881, ch. 4, p. 27. This information supposedly came from one Garcia Mendes Castello Branco, who lived on São Tomé in the early 17th Century.

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[49] All maps were drawn by the author and Dr. Charles W. Berberich, formerly of Southern Illinois University.

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