Evaluation of Antidiabetic Activity of Aqueous and Etanic Alcohol Extracts of Stem Bark of *Xylopia villosa* Chipp (Annonaceae)

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Abstract This study aims to evaluate antidiabetic activity of aqueous and ethanolic extracts of *Xylopia villosa* stem bark. Induction of diabetes was made with Streptozocin on male rats. Treatments of diabetic rats with aqueous and ethanolic extracts of *Xylopia villosa* at doses of 100 and 200 mg / kg bw and Daonil (the reference molecule) at doses of 10 and 20 mg / kg bw revealed that ethanolic extract (200 mg / kg) bw behaved like Daonil (20 mg / kg bw). It is the therapeutic dose needed to correct hyperglycaemia. At this dose, the ethanolic extract allowed an important insulin secretion equivalent to the non-diabetic control rats and allowed the gradual reconstitution of the islets of Langerhans and the reappearance of the β cells responsible for the secretion of the insulin. This situation would be linked to the flavonoids and zinc contained in the extracts. Indeed, Zinc, in addition to being a powerful antioxidant, would have a protective insulin action and an important insulin-like effect by activating the kinases involved in insulin signaling and the phosphorylations necessary for insulin efficacy. Also, flavonoids improve the sensitivity of the body's cells to insulin, which reduces the incidence of type 2 diabetes.

Keywords *Xylopia villosa*, Streptozocin, Antidiabetic, Glycaemia, Insulin

1. Introduction

Diabetes is a chronic disease that occurs when the pancreas does not produce enough insulin or when the body is unable to effectively use the insulin it produces. This results in an increased concentration of glucose in the blood (hyperglycemia). According to the criteria of the World Health Organization, diabetes occurs when fasting blood glucose is greater than or equal to 7 mmol / L or 1.26 g / L twice [1]. The number of people with diabetes rose from 108 million in 1980 to 422 million in 2014. The global prevalence of diabetes among adults over 18 years rose from 4.7% in 1980 to 8.5% in 2014 [1]. The prevalence of diabetes has increased more rapidly in low- and middle-income countries [1]. It increases the risk of cardiac or cerebrovascular accidents in adults and is one of the leading causes of kidney failure [1]. WHO projects that diabetes will be the 7th leading cause of death in 2030[2]. Diabetes is gaining momentum and constitutes an additional economic problem for those affected. The Ivorian flora, which has 3853 species of vascular plants distributed between forests and savannas [3], turns out to be an emergency exit for the search for antidiabetic drugs.

*Xylopia villosa* Chipp, a species of this flora is used in traditional medicine in Africa to treat various pathologies including colds and headaches. Its crushed seeds are applied to leg ulcers and boils for healing [4]. Recently, Kouamé and al [5-7] carried out the study of triphytochemistry and acute toxicity, the study of the anti-inflammatory and antioxidant activities of *Xylopia villosa* Chipp. However, the antidiabetic activity of *Xylopia villosa* Chipp is not yet known. The objective of this study was to evaluate *Xylopia villosa* Chipp by evaluating its antidiabetic activity. To achieve this, the specific objectives were to induce diabetes with streptozocin and to determine the effect of extracts of *Xylopia villosa* Chipp on blood glucose and insulin levels in diabetic rats to carry out the histological sections of the pancreas of the diabetic rats.

2. Materials and Methods

2.1. Plant Material

*Xylopia villosa* stems bark were harvested in June 2014 at the National Floristic Center of Felix Houphouët Boigny University where can be found a sample recorded at the
number 14712.

2.2. Preparation of Extracts

The stems bark of *Xylopia villosa* were dried for four weeks in the shade of the sun then made powder using an electric grinder IKAMAG RCT®. Hundred (100) grams of powder of *Xylopia villosa* were macerated for 24 hours in 1 liter of ethylic alcohol (ethylic alcohol and distilled water mixture: 70/30). The macerated obtained was then filtered twice on white cotton and once on Whatman filter paper N°4. The filtrate obtained in 70% ethanol was evaporated to dryness at reduced pressure at temperature of 40°C using a rotary evaporator type Buchi 161 Water Bath. About aqueous extract preparation, 100 grams of *Xylopia villosa* stem barks powder were added to 100 milliliters of boiling distilled water. Just like ethanolic preparation, the resulting mixture was filtered twice on white cotton and once on Whatman filter paper N°4. The filtrate obtained is preserved at temperature of 40°C in an oven for drying.

2.3. Determination of Trace Elements in Aqueous and Ethanolic Extracts of *Xylopia villosa*

The determination of the trace elements in aqueous and ethylic alcohol extracts of *Xylopia villosa* was carried out according to the method of Clément and Françoise [8]. The aqueous and ethylic alcohol extracts of *Xylopia villosa* were dried for 24 hours in a Memmert-Germany oven at 60 °C. Then, they were kept in glass jars.

2.3.1. Mineralization by Calcination

For each of the extracts (aqueous and ethylic alcohol) dried in an oven at 60°C. 0.4g was weighed using a Sartorius analytic (England) scale in a 30 ml porcelain crucible. This test portion was placed in the Naberthem-Germany muffle furnace set at 550°C. for 5 hours. After cooling, 2ml of 0.5 N chloridic acids were added to the ash obtained and then brought to total evaporation on a sand bath. The recovered final residue was filtered through a 100 mL volumetric flask and distilled water was added to reach the gauge mark. Five (5) mL of the filtrate were taken for the determination of the minerals. Five (5) mL of the same filtrate was also removed for the determination of the minerals (Potassium, Iron, Zinc, Magnesium, Copper) by the atomic absorption spectrophotometer AAS 20 type VARIAN, Australia).

2.3.2. Preparation of the Lanthanum Reagent (*La*₂*O₃*)

Under a hood, a mass of 58.65 g of *La₂O₃* was wetted with 50 mL of distilled water and 250 mL of concentrated hydrochloric acid was added thereto with slow stirring until the lanthanum was completely diluted. Before any reading, the atomic absorption spectrophotometer was calibrated. To do this, a standard solution of 100 ppm was prepared from a commercial solution called a multi-element of 1000 ppm. The preparation was carried out as follows: 2.5 mL of the stock solution (1000 ppm) was added to a 25 mL flask and supplemented with concentrated nitric acid to the gauge mark and this solution was used to prepare the standard ranges.

2.3.3. Preparation of Samples and Standards

Five (5) mL of each sample was taken from a 50 mL vial and 2 mL of 5% Lanthanum was added to it before completing with distilled water to the mark. For standards, dilutions from standard solutions of each mineral (100 mg/L) are performed by supplementing the initial volumes to 50 mL with distilled water, so as to obtain an accurate concentration range for each mineral. These calibration solutions are then used for the calibration of the flame atomic absorption spectrophotometer. To determine the different quantities of stock solution (mL) to be taken, the following procedure was adopted:

\[ C_i V_i = C_f V_f \]

With:
- \( C_f \): final concentration of the mineral solution (100 ppm)
- \( C_i \): initial concentration of the mineral solution (1 mg/mL)
- \( V_i \): initial volume taken (variable) (in mL)
- \( V_f \): final volume (mL)

The wavelengths at which potassium, iron, zinc, magnesium and copper were read were 766.5 nm; 248.3 nm; 258 nm; 285.2 nm and 324.7 nm respectively. The results of the optical densities of each mineral made it possible to determine the quantities of minerals (ppm) contained in the aqueous and ethylic alcohol extracts. The mineral contents were determined as follows:

\[ T = [(C_{ess} - C_{wh}) \times V] / P_{ess} \]

With:
- \( C_{ess} \): concentration of the sample (mg/mL)
- \( C_{wh} \): white concentration in mg/mL
- \( P_{ess} \): test portion (Kg)
- \( V \): recovery volume of test (mL)
- \( T \): content of μg/g or mg/Kg

2.4. Reagents, Solvents and Drugs for Antidiabetic Activity

All products used in this study were provided by Sigma Aldrich Ltd (Paris, France).

2.5. Experimental Animals

In this experiment, 60 wistar albino male rats of 11 weeks old and mean weight 149.02 ± 0.10 grams were used. First, a control group of 6 non-diabetic rats was formed. Secondly, 54 non-diabetic rats received streptozocin intravenously at a dose of 60 mg / kg body weight. The evolution of glycaemia of rats was followed from day D0 to D7 using strip glucose meter. At the 7th day after streptozocin injection, 42 diabetic rats were selected and divided into 7 groups of 6 rats according to their glycaemia. Subsequently, a treatment by gavage took place during 6 days with the different drugs according to the following distribution:
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- Non-diabetic control group → 1 mL of distilled water
- Untreated diabetic group → 1 mL of distilled water
- Treated diabetic group → 1 mL of aqueous extract 100 mg / kg bw
- Treated diabetic group → 1 mL of aqueous extract 200 mg / kg bw
- Treated diabetic group → 1 mL of ethylic alcohol extract 100 mg / kg bw
- Treated diabetic group → 1 mL of ethylic alcohol extract 200 mg / kg bw
- Treated diabetic group → 1 mL Daonil® 10 mg / kg bw
- Treated diabetic group → 1 mL Daonil® 20 mg / kg bw

Finally, after 6 days of treatment, blood and pancreas were taken by the method of decapitation, which consists in cutting the neck of the rat with a knife blade. The rat thus decapitated is placed immediately above the sampling tubes containing sodium fluoride. The pancreas was extracted and put in 10% formaldehyde for storage before microtome cutting and histological study.

### 3. Results

#### 3.1. Trace Element Content

The trace element content (Potassium, Iron, Zinc, Magnesium, and Copper) in aqueous and ethyl alcohol extracts of *Xylopia villosa* are summarized in Table I.

<table>
<thead>
<tr>
<th>Trace element</th>
<th>Trace element content (µg/g of dry extract)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Aqueous extract</td>
</tr>
<tr>
<td>Potassium</td>
<td>19971.00 ± 37.02</td>
</tr>
<tr>
<td>Iron</td>
<td>16.25 ± 0.36</td>
</tr>
<tr>
<td>Zinc</td>
<td>9.34 ± 0.26</td>
</tr>
<tr>
<td>Magnesium</td>
<td>1628.00 ± 14.86</td>
</tr>
<tr>
<td>Copper</td>
<td>44.87 ± 0.15</td>
</tr>
</tbody>
</table>

#### 3.2. Evolution of Glycaemia after Injection of Streptozotocin

The mean glycaemia of rats before streptozocin injection was 0.97 ± 0.09 g/L. After streptozocin injection, glycaemia rate increased to 1.28 ± 0.15 g/L on 2nd day, 1.48 ± 0.18 g/L on 4th day, 1.75 ± 0.13 g/L on 6th day and 3.32 ± 0.35 g/L on 7th day (Fig. 1).

#### 3.3. Categorization of Rats

Fig. 2 shows the different groups of diabetic rats before their treatment. They were grouped according to the glycaemia as follows. Non-diabetic control group (0.98 ± 0.04 g/L), untreated diabetic group (2.98 ± 0.06 g/L), diabetic group (Aqueous extract 100 mg/kg bw: 3.09 ± 0.05 g/L), diabetic group (ethyl alcohol extract 100 mg/kg bw: 3.23 ± 0.06 g/L), diabetic group (Daonil® 10 mg/kg bw: 3.30 ± 0.06 g/L), diabetic group (Aqueous extract 200 mg/kg bw: 3.54 ± 0.06 g/L), diabetic group (ethyl alcohol extract 200 mg/kg bw: 3.57 ± 0.05 g/L) and diabetic group (Daonil® 20 mg/kg bw: 3.61 ± 0.06 g/L). These different glycaemia are high compared to the glycaemia of non-diabetic control rats.

![Figure 1. Evolution of glycaemia after injection of streptozotocin](image1)

![Figure 2. Glycaemia of rats before treatment](image2)
3.4. Determination of Diabetic Rats Glycaemia after Treatment

Each histogram represents the mean ± SEM, n = 6.

***P < 0.001: Very highly significant difference compared to non-diabetic control rats (TND)

**P < 0.01: Very significant difference compared to non-diabetic control rats (TND)

ns: Non-significant difference compared to non-diabetic control rats (TND)

≠ ≠ ≠P < 0.001: Very highly significant difference compared to untreated diabetic rats (DNT)

TND: Non-diabetic control rats
DNT: Untreated diabetic rats
EAQ 100: Diabetic rats treated with aqueous extract (100 mg / kg bw)
EHE 100: Diabetic rats treated with ethyllic alcohol extract (100 mg / kg bw)
EHE 200: Diabetic rats treated with ethyllic alcohol extract (200 mg / kg bw);
DAO 10: Diabetic rats treated with Daonil® (10 mg / kg bw)
DAO 20: Diabetic rats treated with Daonil® (20 mg / kg bw)

Figure 3. Glycaemia of diabetic rats after treatment

Fig. 3 shows the glycemia of diabetic rats after six days of treatment. Glycaemia in untreated diabetic rats increased from 2.98 ± 0.06 g / L to 4.87 ± 0.08 g / L. This glycemia is higher (P <0.05) than the glycemia of non-diabetic control rats (0.98 ± 0.02 g / L). The glycemia of diabetic rats treated with aqueous extract (100 mg / kg bw), ethyllic alcohol extract (100 mg / kg bw), Daonil® (10 mg / kg bw) and aqueous extract (200 mg / kg bw) remained significantly elevated (P <0.05) compared to glycemia of non-diabetic control rats. These glycemia respectively passed from 3.09 ± 0.05 g / L, 3.23 ± 0.06 g / L, 3.30 ± 0.06 g / L and 3.54 ± 0.06 g / L to 3.04 ± 0.08 g / L, 3.11 g ± 0.05 g / L, 2.37 ± 0.09 g / L and 1.13 ± 0.08 g / L. Otherwise, glycemia in diabetic rats treated with ethyllic alcohol extract (200 mg / kg bw) and Daonil® (20 mg / kg bw) respectively decreased from 3.57 ± 0.05 g / L and 3.61 ± 0.06 g / L to 1.01 ± 0.06 g / L and 0.99 ± 0.07 g / L. These glycemia became similar (P > 0.05) to the glycemia of non-diabetic control rats.

Treatment of diabetic rats with aqueous extract (100 and 200 mg / kg bw), ethyllic alcohol extract (100 and 200 mg / kg bw) and Daonil® (10 and 20 mg / kg bw) decreased significantly (P <0.05) the glycemia compared to glycemia of untreated diabetic rats.

3.5. Determination of Diabetic Rats Insulinemia after Treatment

Fig. 4 shows the effect of Daonil® and aqueous and ethyllic alcohol extracts of Xylopia villosa on the insulin secretion of diabetic rats. The insulin concentration of untreated diabetic rats was 0.68 ± 0.15 IU / mL versus 4.01 ± 0.10 IU / mL in non-diabetic control rats. This insulin concentration in untreated diabetic rats dropped significantly (P < 0.05) compared to insulin in non-diabetic control rats. For rats treated with aqueous extract (100 mg / kg bw), ethyllic alcohol extract (100 mg / kg bw), Daonil® (10 mg / kg bw) and aqueous extract (200 mg / kg bw ), Insulin concentrations were 1.06 ± 0.02 IU / mL, 1.15 ± 0.01 IU / mL, 1.90 ± 0.04 IU / mL and 3.53 ± 0.05 IU / mL, respectively. These insulin concentrations decreased significantly (P < 0.05) relative to the insulin concentration of non-diabetic control rats. However, insulin concentrations in diabetic rats treated with ethyllic alcohol extract (200 mg / kg bw) and Daonil® (20 mg / kg bw) were respectively 3.96 ± 0.10 IU / mL and 3.97 ± 0.09 IU / mL. These insulin concentrations were not significantly different (P > 0.05) compared to the insulin concentration of non-diabetic control rats.

Treatment of diabetic rats with aqueous extract (100 and 200 mg / kg bw), ethyllic alcohol extract (100 and 200 mg / kg bw) and Daonil® (10 and 20 mg / kg bw) increased significantly (P <0.05) insulin secretion of diabetic rats compared to glycemia of untreated diabetic rats.
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Each histogram represents the mean ± SEM, n = 6.

**P < 0.01**: Very significant difference compared to non-diabetic control rats (TND)

***P < 0.001**: Very highly significant difference compared to non-diabetic control rats (TND)

ns: Non-significant difference compared to non-diabetic control rats (TND)

≠ ≠ ≠P < 0.001: Very highly significant difference compared to untreated diabetic rats (DNT)

TND: Non-diabetic control rats

DNT: Untreated diabetic rats

EAQ 100: Diabetic rats treated with aqueous extract (100 mg / kg bw)

EAQ: Diabetic rats treated with aqueous extract (200 mg / kg bw)

EHE 100: Diabetic rats treated with ethylic alcohol extract (100 mg / kg bw)

EHE 200: Diabetic rats treated with ethylic alcohol extract (200 mg / kg bw)

DAO 10: Diabetic rats treated with Daonil® (10 mg / kg bw)

DAO 20: Diabetic rats treated with Daonil® (20 mg / kg bw)

**Figure 4.** Effect of Daonil, aqueous and ethanolic extracts on the insulin secretion of diabetic rats.

**Figure 5a.** Histological section of the pancreas of a non-diabetic witness rat
3.6. Histological Sections

The treatment of diabetic rats with the ethylic alcohol extract (200 mg/kg bw) and Daonil (reference molecule) at a dose of 20 mg/kg bw favored reorganization of the islets of Langerhans and a reappearance of β cells, showing as well as the ethylic alcohol extract (200 mg/kg bw) and Daonil (20 mg/kg bw) are gradually eliminating the deleterious effects of streptozocin on diabetic rats. In view of the results, the ethylic alcohol extract at the dose of 200 mg /kg remains the necessary therapeutic dose having antidiabetic activity. In view of the antidiabetic activity of the stem bark of *Xylopia villosa*, it would be desirable to isolate and characterize molecules responsible for the activity quoted above by high performance liquid chromatography (HPLC).

4. Discussion

Induction of diabetes by streptozocin (STZ) in healthy rats resulted in three phases related to glycaemia. First, there was a significant increase of glycaemia in untreated rats compared to non-diabetic control rats. This increase of glycaemia is related to the streptozocin whose cytotoxic effect is selective of Langerhans islet cells [11-13]. Then, there was a second phase in which glycaemia of the diabetic rats treated with the aqueous extract (100 and 200 mg/kg bw), ethylic alcohol extract (100 mg/kg bw) and Daonil® (10 mg/kg bw) have been reduced but remained significantly elevated (P <0.05) compared to glycaemia of non-diabetic control rats. This result shows that these doses are not the therapeutic dose. Finally, a third phase in which glycaemia of diabetic rats treated with ethylic alcohol extract (200 mg/kg bw) and Daonil® (20 mg/kg bw) decreased so as to have glycaemia equal (P > 0.05) to that of non-diabetic control rats. This reduction of glycaemia in diabetic rats is related to the presence of flavonoids. Indeed, flavonoids improve the sensitivity of the body's cells to insulin, thus reducing the incidence of type-2 diabetes [14, 15].

The insulin secretion of diabetic rats had two phases. The first phase was characterized by a decrease in the insulin rate in the blood of untreated diabetic rats. This insulinopenia would justify the selective cytotoxic effect of Streptozocin (STZ) on β-cells of the islets of Langerhans [11-13]. Indeed, the STZ, once inside the cell, decomposes into reactive oxygenated species thus causing an alkylation of the DNA which is defragmented. This reaction consumes NAD and ATP as enzymatic cofactors leading to their depletion and necrosis of β cells responsible for insulin secretion [16]. A second phase in which administration of ethylic alcohol extract (200 mg/kg bw) and Daonil® (20 mg/kg bw) to
diabetic rats resulted an insulin secretion rate similar to that of non-diabetic control rats. This situation is related to the anthocyanins contained in the said extracts. Indeed, anthocyanins, in addition to their antioxidant power increase the secretion of insulin [17]. These results are in agreement with those of Qin and Anderson [18], Jiao et al. [19] and Anderson et al. [20] who showed that the polyphenolic compounds of cinnamon identified as potentiators of insulin were proanthocyanidins, potentially hypoglycemic and antioxidants. The determination of the trace elements in the aqueous and ethyl alcohol extracts of *Xylopia villosa* revealed the presence of zinc. Zinc, in addition to being a powerful antioxidant, would have a protective insulin action. Zinc allows to activate the kinases involved in insulin signaling and the phosphorylations necessary for insulin efficacy [21].

5. Conclusions

The treatment of diabetic rats with the ethyl alcohol extract (200 mg/kg bw) and Daonil® (Reference drug) at a dose of 20 mg/kg bw favored reorganization of the islets of Langerhans and a reappearance of β cells. At the dose of 200 mg / kg, ethyl alcohol extract gradually eliminates the deleterious effects of streptozocin on diabetic rats. In view of the results, ethyl alcohol extract at the dose of 200 mg /kg remains the necessary therapeutic dose having antidiabetic activity. In view of the antidiabetic activity of the stem bark of *Xylopia villosa*, it would be desirable to isolate and characterize molecules responsible for the activity quoted above by high performance liquid chromatography (HPLC).

Ethical Clearance

The experimental procedures and protocols used in this study were approved by the Ethical Committee of Health Sciences, University Félix Houphouet-Boigny. These guidelines were in accordance with the European Council Legislation 87/607/EEC for the protection of experimental animals. All efforts were made to minimize animal suffering and reduce the number of animals used.

REFERENCES


